

# Readmission (Bridging of Claims) Payment Policy

Applies to the following CarePartners of Connecticut products:

□ CareAdvantage Premier

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The following payment policy applies to providers who render services to members of the CarePartners of Connecticut plans selected above.

Note: Audit and disclaimer information is located at the end of this document.

# **Purpose**

To establish a policy for the clinical review and claims processing guidelines relating to CarePartners of Connecticut members readmitted to the same acute facility within 30 days.

# **Policy**

The "Peer 4240" appearing below in pertinent part is the process followed by the Centers for Medicare and Medicaid Services (CMS) with respect to persons who are enrolled in conventional Medicare. Except as noted, we will follow this process for general a cute inpatient claims. As stated in greater detail below, payment for a readmission to the **same acute facility (or, effective for DOS beginning June 1, 2025, the same hospital system) within 30 days** may be denied if, through medical record review, the admission was deemed preventable, medically unnecessary or was due to a premature discharge of the prior admission.

# Peer 4240 Readmission Review Organization Manual

Readmission review involves admissions to an acute, general, short-term hospital occurring less than 31 calendar days from the date of discharge from the same or another acute, general, short-term hospital (see § 1154(a)(13) and 42CFR466.71(a)(8)(ii)). Neither the day of discharge nor the day of admission is counted when determining whether a readmission has occurred.

#### A. Identifying or Selecting Admissions for Review

- CarePartners of Connecticut will identify all readmissions to the same hospital or hospital system<sup>1</sup> within 14 and 30 days from date of discharge
- Readmission that occur within 14 days from the date of discharge will be reviewed as a matter of routine
- Readmissions within 15-30 days will be reviewed on a case-by-case basis if identified as related to the index admission by a
  provider, care manager or other CarePartners of Connecticut employed or contracting staff

# Requesting Review of General Acute Inpatient Readmission Claims

- All requests made by a primary care provider (PCP), care manager, medical director for the medical group, or the facility must be submitted in writing to <a href="mailto:CTHMOSRProduct MedicalClaims Review@carepartnersct.com">CTHMOSRProduct MedicalClaims Review@carepartnersct.com</a>.
- All medical records and supporting documentation must be included with the request for review. The review request must clearly
  state the reason that the medical group feels that payment for the readmission should be denied. This must include which of the
  criteria in "4240" applies and cite that portion of the medical record that directly supports the request.
- A letter or determination will be sent to the requestor of the review within 60 days of the receipt of the case information.

#### **B.** Medical Review Procedures

Obtain the appropriate medical records for the initial admission and readmission. Perform case review on both stays. Analyze the cases specifically to determine whether the patient was prematurely discharged from the first confinement, thus causing readmission. Perform an analysis of the stay at the first hospital to determine the cause(s) and extent of any problem(s) (e.g., incomplete or substandard treatment). Consider the information available to the attending physician who discharged the patient

<sup>&</sup>lt;sup>1</sup> Effective for DOS beginning June 1, 2025.

from the first confinement. Do not base a determination of a premature discharge on information that the physician or provide r could not have known, or events that could have not been anticipated at the time of discharge. Review both the initial admission and the readmission at the same time unless one of them has previously been reviewed, In these cases, use, at a minimum, the Physician Reviewer Assessment Format (PRAF) case summary of the other admission, in addition to the medical records of the case under review.

Some of the common reasons for bridging the readmissions include but are not limited to:

- a. Diagnostic errors including:
  - i. Error of delay in diagnosis
  - ii. Failure to employ indicated tests
  - iii. Use of outmoded tests or therapy
  - iv. Failure to act on results of monitoring or testing
- b. Treatment mistakes:
  - i. Error in performance of operation, procedure or test
  - ii. Error in administration of treatment
  - iii. Error in dose or method of using a drug
  - iv. An avoidable delay in treatment or in responding to an abnormal test
  - v. Inappropriate (not indicated) care
- c. Prevention related failures:
  - i. Failure to provide prophylactic treatment
  - ii. Inadequate monitoring or follow up of treatment
  - iii. Failure to get appropriate consultation
- d. Hospital billing for two separate admissions for care that could have been provided during one admission:
  - i. When a definitive treatment has been decided and the patient is discharged only to be readmitted for that definitive treatment, without a medical reason for such a delay
  - ii. When a member is discharged for less than 48 hours with intention to resume treatment in the hospital upon the member's return; such breaks in care should be labelled as "leave of absence" and not billed as separate admissions

The Concern Source Bridge Legend is a categorization tool, a listing of categorization codes pertaining to admission, diagnos is and quality and is referenced when reviewing cases for potential bridging. Attachment referenced is found in the Massachusetts Medical Society; the Institute of Medicine (IOM) 2000 landmark report, "To Err is Human: Building a Safer Health System.")

Denial, appeal, and/or grievance procedures are followed for these circumstances if the readmission was medically unnecessary, resulted from a premature discharge from the same hospital and/or was a result of circumvention of PPS by the same hospital.

#### C. Denials

CarePartners of Connecticut will deny a readmission under the following circumstances:

- · If the readmission was medically unnecessary
- If the readmission resulted from a premature discharge from the same hospital, or
- If the readmission was a result of circumvention of PPS by the same hospital (see §4255)

Determination of these circumstances may be recommended by RNs but denials will only be issued with the concurrence of a physician reviewer.

Please be advised that regardless of whether a determination is made to "bridge" the claim, the member cannot be held liable for any charges relating to the services provided during the readmission.

**Note:** The above guidelines are only applicable for review if the member entered the **same acute facility within 30 days**. Effective for DOS beginning June 1, 2025, this will be expanded to include readmissions to the same hospital system.

## D. Hospital Appeal Process

The hospital may appeal any decision to deny separate payment for readmission. The hospital may submit the appeal within 120 days of receipt of the denial notice. The appeal bridge letter received from the facility must specifically address the concern in our rationale for bridge. On the bridge decision written determination, we will inform the hospital and attach the appropriate rationale code for their reference.

CarePartners of Connecticut will have the case reviewed by an independent review team, considering the medical information, the rationale for the initial denial decision, the information provided by the hospital in the letter of appeal, and any other information provided during the appeal that was not available at the time of initial review.

#### References

- Medicare documentation "Peer 4240" has been incorporated into this document (above)
- Quality Improvement Organization Manual, Chapter 4 Case Review

# **Document History**

- April 2025: Expanded policy to include readmissions to the same hospital system, effective for DOS beginning June 1, 2025
- January 2021: Reviewed by committee; no changes
- December 2020: Added applicable Care Partners Access PPO content, effective for dates of service on or after January 1, 2021
- January 2019: Policy created

## **Audit and Disclaimer Information**

CarePartners of Connecticut reserves the right to conduct audits on any provider and/or facility to ensure compliance with the guidelines stated in this payment policy. If such an audit determines that a provider/facility did not comply with this payment policy, CarePartners of Connecticut will expect the provider/facility to refund all payments related to noncompliance.

This policy provides information on CarePartners of Connecticut claims adjudication processes. As every claim is unique, this policy is neither a guarantee of payment, nor a final indication of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization and utilization management requirements (when applicable), adherence to plan policies and procedures, and claims editing logic. An authorization is not a guarantee of payment. Claims for services subject to authorization may be reviewed for accuracy and compliance with payment policies.

This policy applies to the CarePartners of Connecticut products identified by the checkboxes on page one. CarePartners of Connecticut reserves the right to amend a payment policy at its discretion.